

Light On Life — Interactive Study Guide

Episode S12-033 · How to Live Satisfied and Gain Victory Over Strife



Teacher ' s Guide

Session Aim: Contrast strife-driven immaturity with Spirit-led growth; practice concrete responses that cultivate peace.

Key Texts: 1 Corinthians 3:3–7; Ephesians 4:15–16; 2 Peter 3:18; Proverbs 15:1.

Answer Key

- 1) Who gives the growth? — God (1 Cor. 3:7).
- 2) Jealousy & strife are marks of spiritual maturity — False (they reveal fleshly living, 1 Cor. 3:3).
- 3) “ Grow ” in 2 Peter 3:18 is continual — True.

Leader Prompts

- Warm-up: Invite a brief testimony of where God produced growth in a hard place.
- Observation: In 1 Cor. 3:3–7 Paul rebukes factionalism (Paul/Apollos) and centers growth in God ' s agency.
- Illustration: Butterfly metamorphosis — emphasize training over trying; process over pace.
- Practice: Role-play a recent strife trigger; apply James 1:19 (quick to hear, slow to speak, slow to anger).
- Application: Build a simple weekly plan (pray, read, memorize, practice gentle answer).

Suggested Prayer

Lord Jesus, form your gentle, peace-making heart in us. Make us people who grow up into You in all things. Amen.

Memory/Assignment

Choose one passage (1 Cor. 3:7 or 2 Pet. 3:18). Encourage journaling one ‘ strife-to-peace ’ moment this week.